



# IMMERSE

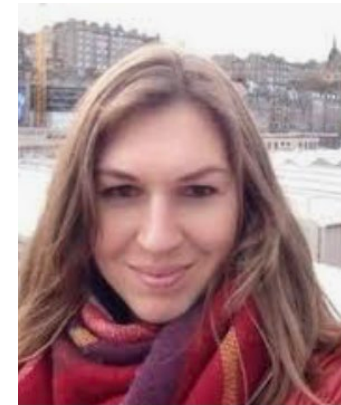
## Meeting Bratislava 2023



This project has received funding from the European Union's Horizon 2020 research and innovation Programme under grant agreement 945263 (IMMERSE)

# HISTORY

AMSTERDAM 2018



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# Partners



KU LEUVEN

CENTRAL INSTITUTE OF MENTAL  
HEALTH, MANNHEIM

COMENIUS UNIVERSITY  
BRATISLAVA

UNIVERSITY OF EDINBURGH

PAVOL JOZEF SAFARIK UNIVERSITY  
KOSICE



UNIVERSITY HOSPITAL  
HEIDELBERG

MOVISENS GMBH

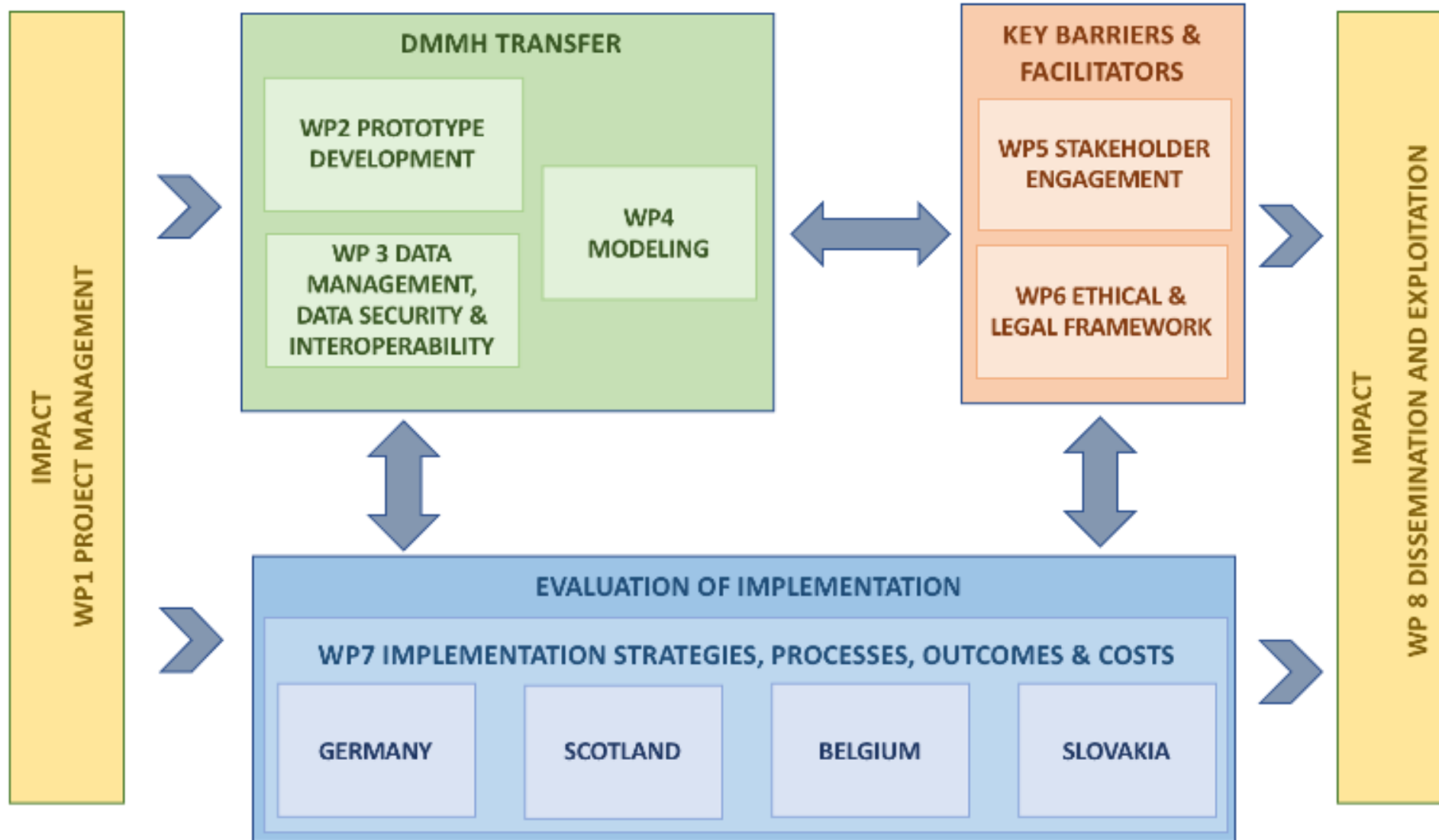
HEIDELBERG UNIVERSITY

TMF

UNIVERSITY OF ERLANGEN-NURNBERG



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# Overarching goal of IMMERSE



- Advance transformation of mental health care in Europe in ***true person-centered care***
- Transfer ESM into an ***innovative clinical digital health tool***
- Conduct ***an implementation study*** in order to further ***scale up DMMH*** in routine mental health care in Europe

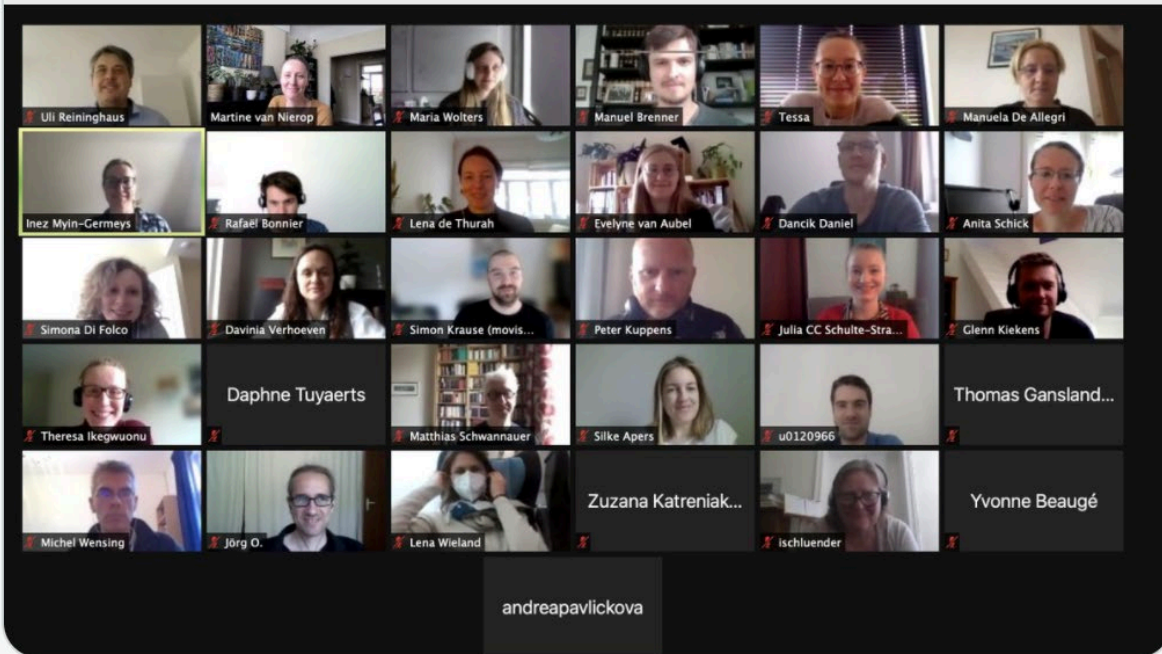


# PROJECT PROGRESS



 **IMMERSE\_Project** @immerse\_project · May 27, 2021

Even though we would have preferred to meet in person, we're all excited to have our official IMMERSE kick-off meeting today!



Great to see you... in person and virtual in our hybrid @immerse\_project WP 7 and WP 5 meeting today @zi\_mannheim !

@ZI\_PMH

@UReininghaus @InezGermeys @JuliaSchulte\_S @GKiekens

@Lena\_deThurah and many more! Please RT



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# HISTORY

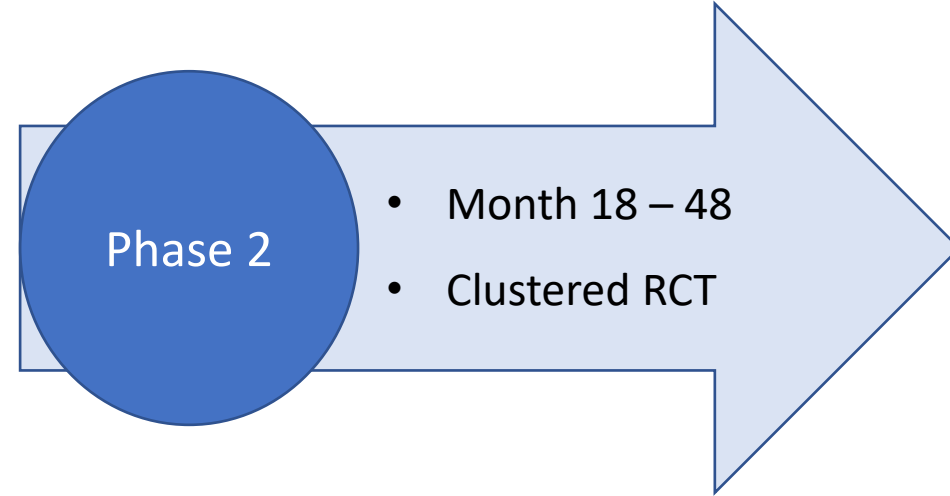
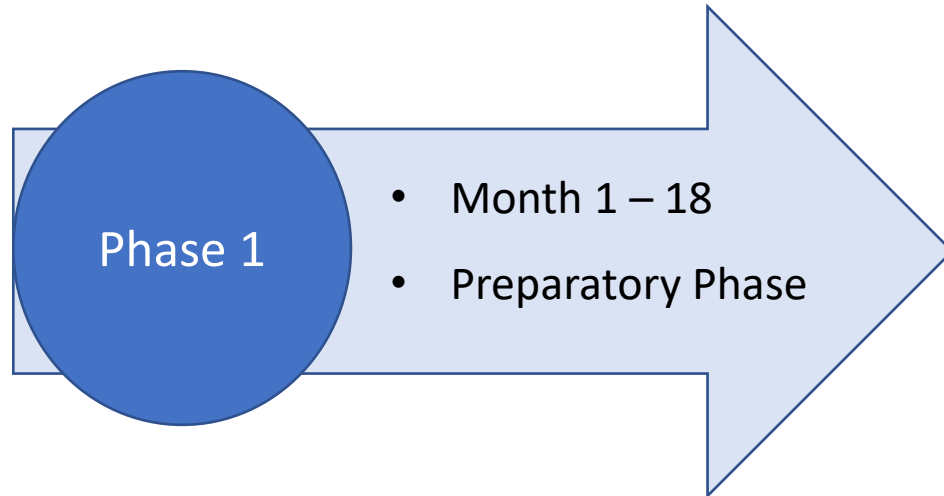


## GA Edinburgh



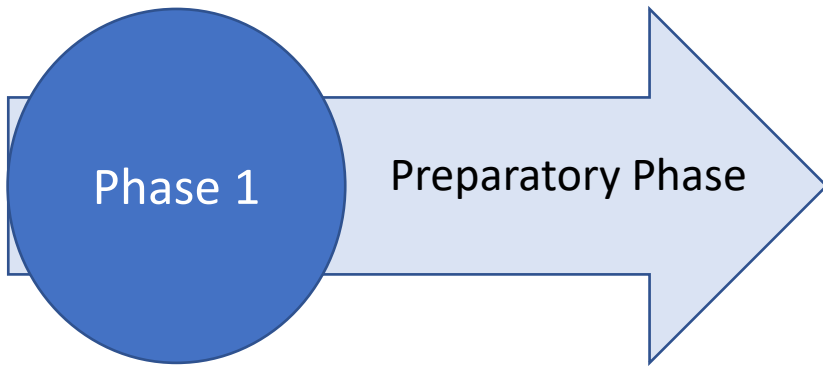
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# IMMERSE project



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**WP2 PROTOTYPE  
DEVELOPMENT**

**WP 3 DATA  
MANAGEMENT,  
DATA SECURITY &  
INTEROPERABILITY**

**WP6 ETHICAL &  
LEGAL FRAMEWORK**



**WP4  
MODELING**

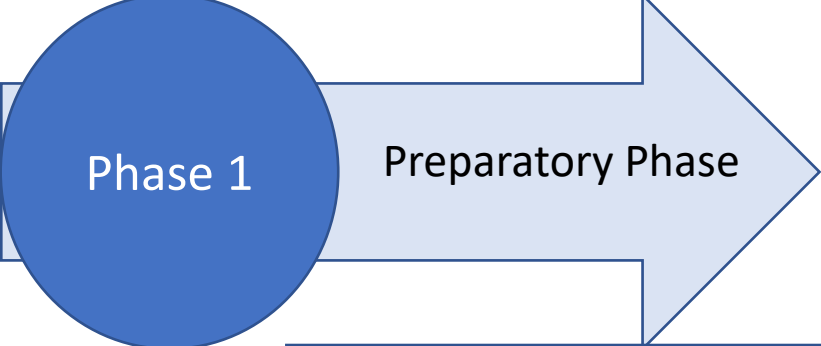
**WP5 STAKEHOLDER  
ENGAGEMENT**

**IMPACT**

**WP 8 DISSEMINATION AND EXPLOITATION**



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### MDR-compliant therapy platform

#### MoMent Dashboard

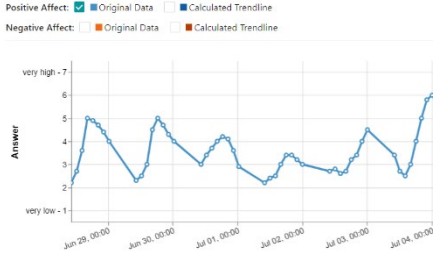
(a) tailor EMA items and generate reports for **clinicians and service users**

**Additional Mood Items**

In addition to the core items (I feel happy, enthusiastic, relaxed, content, anxious, irritated, sad, insecure) you can further personalize the mood items and select up to 2 additional items from the list. The 2 additional mood items will be asked several times per day as the other mood items (I feel \_\_\_).

Parameter	Description	Parameter Value for Participant
tired.		<input type="checkbox"/> Activate Item
stressed.		<input checked="" type="checkbox"/> Activate Item

(b) visualize data on dashboard for **clinicians and service users**



#### MoMent App

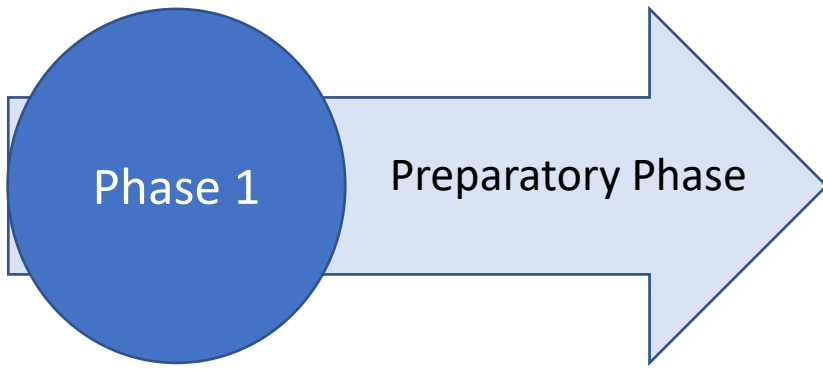
EMA-based monitoring of key problem areas, mood, context, and therapy goals



Daily monitoring of mood and context



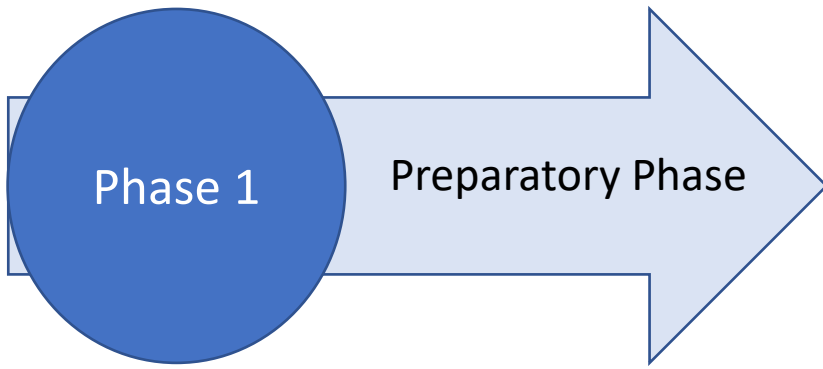
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Country	<u>Patients</u>	Supporters	<u>Clinicians</u>	Admin	Total
<u>Belgium</u>	67	18	63	22	<b>170</b>
Germany	215	38	45	12	<b>310</b>
<u>Slovakia</u>	103	12	45	10	<b>151</b>
UK	115	18	13	1	<b>138</b>
<b>Total</b>	<b>500</b>	<b>75</b>	<b>147</b>	<b>45</b>	<b>767</b>
Minimum	✓ 100	✓ 50	✓ 25	✓ 10	✓ 185
<u>Full</u>	✓ 400	⊖ 200	✓ 100	✓ 40	✓ 740



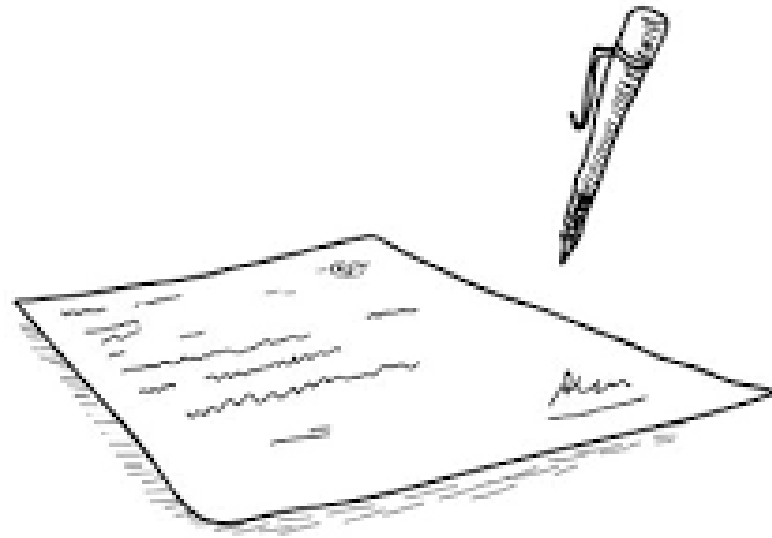
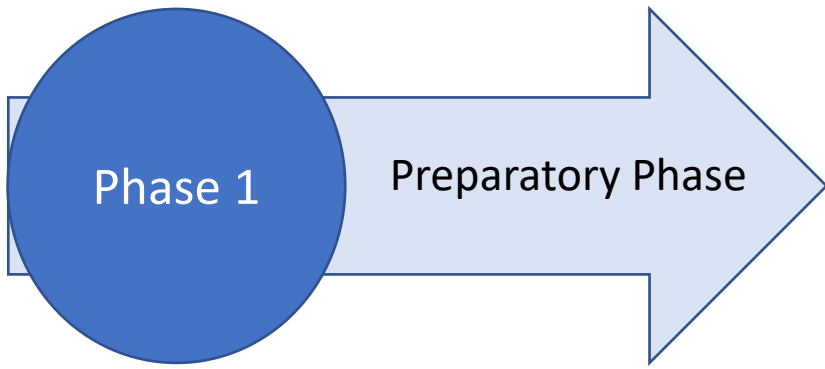
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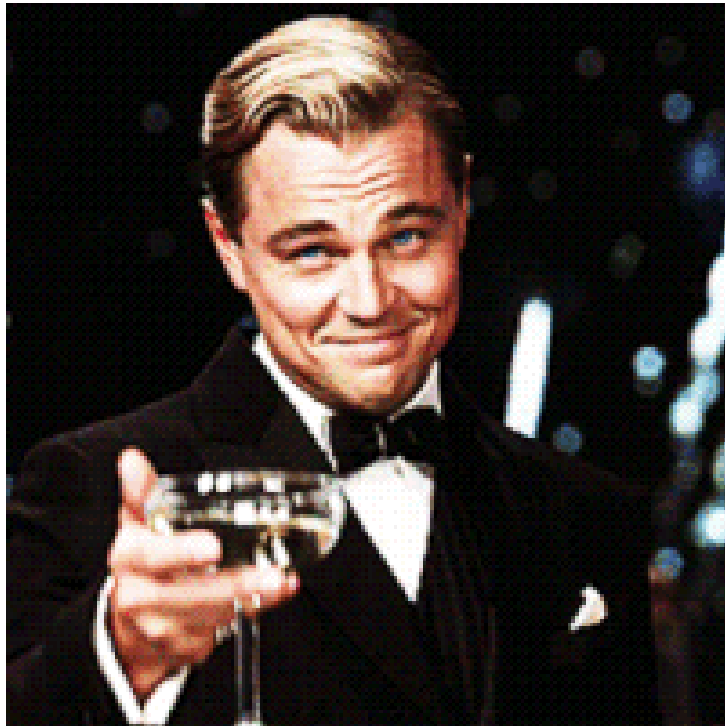
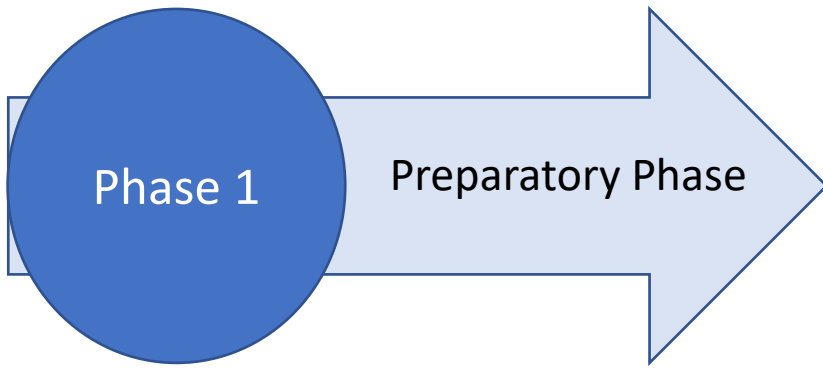
Stakeholder Group	Belgium	Germany	UK (Scotland)	Slovakia
Service Users	20	19	6	13
Clinicians	9	14	9	10
Supporters	4	3	0	5
Administrators	5	4	2	6

Table 5.1: Completed interviews as of October 2022. All minimum recruitment targets were reached, except for supporters in the UK





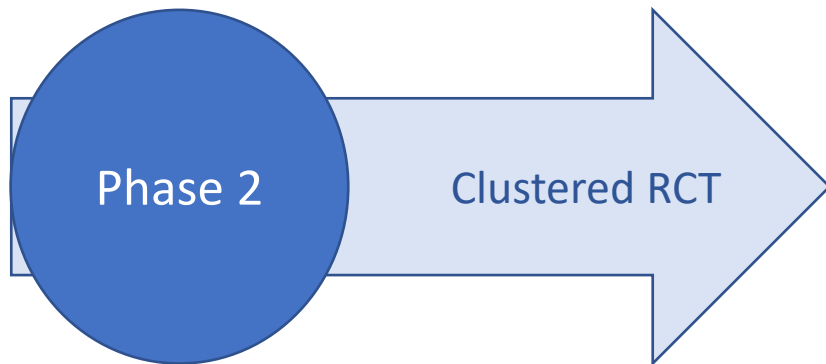
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## MID-TERM REVIEW



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# BRATISLAVA GA 2023



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## Thursday

9:00 - 9:15	Opening
9:15 - 9:35	WP1
9:35 - 10:15	WP2
10:15 - 10:35	break
10:35 - 11:15	WP3
11:15 - 12:15	SAB
12:15 - 13:15	lunch
13:15 - 14:00	WP5
14:00 - 14:40	WP4
14:40-15:00	break
15:00 - 15:40	PAB
15:40 - 17:40	Papers
19:00	Dinner at Bratislava Municipal Brewery

[Dunajská 21, 811 08 Staré Mesto, Slovakia](#)

## Friday

9:00 - 9:15	Opening
9:15 - 10:15	WP7
10:15-10:55	WP6
10:55 - 11:10	Break
11:10 - 11:50	WP8
11:50 - 12:20	Closing
12:20 - 13:00	Lunch



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