



Present

WP1	Inez Germeys Martine van Nierop
WP2	Simon Krause
WP3	Thomas Ganslandt
WP4	
WP5	Maria Wolters
WP6	
WP7	Uli Reininghaus Matthias Schwannauer Michal Hajduk Iveta Nagyova Anita Schick
WP8	
SAB	Jan Boehne Mario Alvarez Tania Lincoln Lucia Valmaggia

1. Jan Boehne

Uli has introduced Jan Boehne, who will be our trial statistician.

2. WP5

See slides that Maria sent for overview.

Maria mentioned a certain tension between scientific rigor of a study, and feasibility/acceptability. For example more detail in visualizations would be needed for scientific purposes, however clinicians/patients would prefer a more simplified version. Mario has recommended to really look at the goals we have to assess how much detail we really need. And before we implement extra options (for example detailed modules) to test it first in external focus groups (so not part of IMMERSE study or ethical approval). Matthias suggested available PPI groups at Edinburgh, and Lucia sent this link as a resource for focus groups: <https://mcpin.org/>

3. WP7

Discussion on outcome measures:

-The BIS (insight scale) is probably not the best measure for our purposes. Lucia suggested in stead the GAS (Goal attainment scaling)

<https://www.kcl.ac.uk/cicelysaunders/resources/tools/gas>, which in the light version is very easy to use, very personalized but still allows for comparison between subjects.

We need to specify more about engagement – what do we think enhanced engagement leads to? Formulating this may be a nice way to demonstrate validation of services. Unclear still how we'll assess engagement in case of drop out, which would most arise at 12 month follow up – at least we'll need info on why they dropped out. Mario: you could also have a threshold; if they have not been in the service for x period of time the consider the information not reliable enough - but this would reduce numbers so need to be careful with an approach like this. Jan suggests a treatment adherence measure.

Suggested paper by Lucia on outcome in psychosis:

<https://academic.oup.com/schizophreniabulletin/article/36/1/126/1870789>

Inez will send the 1st periodic report we'll do for the EC to the board as well to keep them informed, and we'll request additional meetings with the board later in the project.