



**IMMERSE minutes**  
**28/5/21**  
**Kick-off day 2**

**Present**

<b>WP1</b>	Inez Germeys Martine van Nierop Silke Apers	Tessa Biesemans Daphne Tuyaeerts Davinia Verhoeven	
<b>WP2</b>	Jörg Ottenbacher Johannes Schneider	Simon Krause	
<b>WP3</b>	Thomas Ganslandt		
<b>WP4</b>		Peter Kuppens Manuel Brenner	
<b>WP5</b>	Maria Wolters Theresa Ikegwuonu		
<b>WP6</b>	Ine van Hoyweghen Luca Marelli	Irene Schluender	
<b>WP7</b>	Uli Reininghaus Matthias Schwannauer Michel Wensing Michal Hajduk Manuela de Allegri Glenn Kiekens	Yvonne Beauge Julia Schulte-Strathaus Rafael Bonnier Lena de Thurah Zuzana Katreniakova Iveta Nagyova	Simona Di Folco Anita Schick Lena Wieland Anton Heretik Daniel Dancik Jan Pecenak
<b>WP8</b>	Evelyne van Aubel		

<b>SEAB</b>	Lucia Valmaggia Mario Alvarez Els Maeckelberghe Peter Schroeder-Baeck Tania Lincoln
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**1. SEAB introduction**

The members of the SEAB were introduced: Lucia, Mario, and Tania will be part of the Scientific Advisory Board, and Els and Peter will be our Ethical Advisory board. The trial steering committee (also including Stefan Wellek) is part of the SEAB.

In general, all consortium members and SEAB members would prefer an ongoing dialogue about the project with mutual interaction, and not just as a formal requirement.

## Questions/comments per WP:

### WP2

General remarks by Mario based on past experiences: Safety of the platform is getting more and more important now, with anti-tracking measures, making sure that only the right people have access to the right data, etc. They did a lot of testing for this, and have started doing automated testing. Compared with a research setting an applied project needs to make sure servers can handle the data in an efficient way, so technical infrastructure needs to be boosted.

### WP3

Thomas would like input on how to enable data sharing, also to external researchers and after the end of the project. Anonymization of our data is preferable for data sharing to external researchers and for replication purposes but may be difficult to do. Having broad consent in the ICF would help.

Els flagged up that national guidelines on data sharing may be different, so we need to be aware of these differences.

Peter SB feels that willingness of participants to share data is increasing. Irene nuanced this: for industrial use people are more reluctant, but when it's explained that is not for marketing but therapy research they are more willing to share data.

Mathias: NHS does not permit data use for commercial enterprises ([link](#) with more info provided by Luca on UK-CRIS program)

[Paper](#) by Els on motives to share data. She also agrees we need broad consent in ICF.

### WP4 skipped

### WP5/WP7

Maria highlighted that we need to think about important differences in service users as some will have less digital access, and especially this group may have more mental health problems.

Lucia had provided phones and access in their studies.

Tania thinks the divide starts earlier: some don't actually make it to the clinic. But our use of the word clinic is misleading, there will be community outreach programs in our study as well.

Another issue mentioned by Tania is that most patients are quite willing to use a new digital tool, but we might run into problems with clinicians, as for them it may seem as just another burden. Possible solutions for this are: better integration of our tool in face-to-face therapy, providing access to materials between sessions, and having 'champions' at the sites (very enthusiastic clinicians, for example). Clinicians are more inclined to use the tech when they can clearly see the added benefit.

Mario will share his surveys on stakeholder implementation strategies with Uli. He suggests to divide services according to high/low performing, and really try to understand what happens with the low performers.

## WP6

Luca would like to get advice on ICF, recruitment, and preliminary ethical requirements. Then we also need the SEAB (the ethical side) to write a report on our ethic issues every year of the project.

### Final points:

Throughout the project we will have 1-2 hour online meetings with the SEAB to discuss pressing issues. Sending them our quarterly reports may not be very effective, but sending them summaries would be helpful.

The SEAB is invited to join our live meeting in December, although Lucia and probably also Mario will not be able to travel this year yet.

Luca will set up meetings with the SEAB (Els and Peter SB) soon, as we are now working up to ethical approval.

## 2. Financial / legal presentation

Done by our LRD contact Katrijn de Brucker, presentation is added to the internal website <https://immerse-project-members.eu/meetings>

## 3. General discussion

PAB will be set up by Maria, and will consist of 2 people per country (preferably people who all speak English)

Evelyne will invite members for the Exploitation Steering Group before the summer

### Actions

Who	What	When
Luca	Set up meetings with SEAB (Els/Peter) for ethics approval process	asap
Evelyne	Invite ESG	Before summer